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**Active Reading Brainstorming Worksheet**

1. What does active reading mean? What is the main aim of active reading?

* To read with a purpose, while wanting to read it, to get something specific out of it.

1. What is the difference between active reading and passive reading?

* Passive reading is when the content goes over your head and doesn’t stick, but active reading is more engaged.

1. What is the difference between reading in college/university versus reading in high school?

* Forced out-loud reading so you spend time not listening to the others who are reading and focused on the paragraph you are supposed to read.
* Reading in a different language

1. What skills are involved in reading actively?

* Identifying key points and key words, terms, and definitions, paying close attention, maintaining focus until you get the point that the author is trying to convey.

1. What impact does one’s level of concentration and focus have on one’s ability to actively read? How might one maintain concentration and focus when reading, especially academic texts?

* By not being focused, your eyes can be reading but the brain is not absorbing the point of what we are reading in order to remember it for a test
* By engaging with the author in a more personal

1. Identify at least 3 strategies for active reading.

* Arguing with the author or looking at the material with a critical eye, their point of view, their expertise. It makes it more engaging and fun for me.
* Putting on focus-enhancing music, and when we feel ourselves getting distracted, go back a few sentences to make sure the info was absorbed
* Highlighting and copy/pasting notes what I think is more important to remember for a test.